

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Upper Elementary
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 1 Day 1 :45187 - ServingDate: 04/01/2024								
Apple Cinnamon Cheerios bowlpack - SR1327 (1 bowl)	2	113.51	1.88	0.00	0.00	113.51	22.71	2.27
Cheerios - SR1160 (1 bowl)	3	100.52	1.79	0.36	0.00	136.42	20.83	3.58
Cinnamon Chex - SR2336 (1 bowl)	2	120.00	2.50	0.00	0.00	170.00	23.00	1.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	5	120.00	2.50	0.00	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	5	117.87	1.44	0.24	0.00	122.61	25.11	1.86
Froot Loops - SR2427 (1 bowl)	5	110.00	1.00	0.50	0.00	160.00	24.00	2.00
Multigrain Frosted Flakes Cereal - SR1185 (1 bowl)	3	100.00	0.00	0.00	0.00	170.00	24.00	2.00
Lucky Charms - SR2428 (1 bowl)	5	108.86	1.15	0.00	0.00	101.11	23.32	2.32
Trix Cereal reduced sugar - SR1184 (1 bowl)	5	109.20	1.40	0.28	0.00	161.84	23.24	1.68
French Toast Sticks - SR1910 (3 stick.)	65	193.02	7.42	1.11	0.00	222.71	28.21	4.45
Buttery Wheat Toast Side - OKR1160 (1 slice)	10	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Honey Graham Crackers - SR2366 (1 pkg.)	10	90.00	2.50	0.00	0.00	90.00	17.00	1.00
Mozzarella String Cheese Stick - SR4124 (1 stick.)	5	81.00	5.06	3.04	0.00	182.25	1.01	7.09
Unsweetened Applesauce - SR1195 (1/2 c.)	40	52.39	0.00	0.00	0.00	10.48	12.57	0.00
Apple Juice Cup - SR4130 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	14.00	0.00
Grape Juice Cup - SR4141 (4 fl oz cup)	25	80.00	0.00	0.00	0.00	15.00	21.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24 Breakfast Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 1 Day 1 :45187 - ServingDate: 04/01/2024								
Orange Juice Cup - SR4140 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	13.00	1.00
Chocolate1% Milk - OKR1062 (8 oz.)	80	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Breakfast Syrup Cup - SR2498 (1 Container)	50	110.00	0.00	0.00	0.00	20.00	29.00	0.00
SY23-24 Breakfast Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 1 Day 2 :45187 - ServingDate: 04/02/2024								
Biscuit with Old Fashioned Gravy - OKR1604 (1 ea.)	35	256.80	11.52	5.76	0.14	564.83	34.04	4.12
Sausage Breakfast Pizza - SR1167 (1 slice)	30	210.00	7.00	2.00	0.00	350.00	27.00	9.00
Apple Cinnamon Cheerios bowlpack - SR1327 (1 bowl)	2	113.51	1.88	0.00	0.00	113.51	22.71	2.27
Cheerios - SR1160 (1 bowl)	3	100.52	1.79	0.36	0.00	136.42	20.83	3.58
Cinnamon Chex - SR2336 (1 bowl)	2	120.00	2.50	0.00	0.00	170.00	23.00	1.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	5	120.00	2.50	0.00	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	5	117.87	1.44	0.24	0.00	122.61	25.11	1.86
Froot Loops - SR2427 (1 bowl)	5	110.00	1.00	0.50	0.00	160.00	24.00	2.00
Multigrain Frosted Flakes Cereal - SR1185 (1 bowl)	3	100.00	0.00	0.00	0.00	170.00	24.00	2.00

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Upper Elementary
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24 Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 1 Day 2 :45187 - ServingDate: 04/02/2024								
Lucky Charms - SR2428 (1 bowl)	5	108.86	1.15	0.00	0.00	101.11	23.32	2.32
Trix Cereal reduced sugar - SR1184 (1 bowl)	5	109.20	1.40	0.28	0.00	161.84	23.24	1.68
Buttery Wheat Toast Side - OKR1160 (1 slice)	10	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Honey Graham Crackers - SR2366 (1 pkg.)	10	90.00	2.50	0.00	0.00	90.00	17.00	1.00
Mozzarella String Cheese Stick - SR4124 (1 stick.)	10	81.00	5.06	3.04	0.00	182.25	1.01	7.09
Banana - SR1166 (1 medium (7"))	52	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Apple Juice Cup - SR4130 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	14.00	0.00
Grape Juice Cup - SR4141 (4 fl oz cup)	25	80.00	0.00	0.00	0.00	15.00	21.00	0.00
Orange Juice Cup - SR4140 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	13.00	1.00
Chocolate1% Milk - OKR1062 (8 oz.)	80	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
SY23-24 Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 1 Day 3 :45187 - ServingDate: 04/03/2024								
Apple Cinnamon Cheerios bowl/pack - SR1327 (1 bowl)	2	113.51	1.88	0.00	0.00	113.51	22.71	2.27
Cheerios - SR1160 (1 bowl)	3	100.52	1.79	0.36	0.00	136.42	20.83	3.58

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24 Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 1 Day 3 :45187 - ServingDate: 04/03/2024								
Cinnamon Chex - SR2336 (1 bowl)	2	120.00	2.50	0.00	0.00	170.00	23.00	1.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	5	120.00	2.50	0.00	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	5	117.87	1.44	0.24	0.00	122.61	25.11	1.86
Froot Loops - SR2427 (1 bowl)	5	110.00	1.00	0.50	0.00	160.00	24.00	2.00
Multigrain Frosted Flakes Cereal - SR1185 (1 bowl)	3	100.00	0.00	0.00	0.00	170.00	24.00	2.00
Lucky Charms - SR2428 (1 bowl)	5	108.86	1.15	0.00	0.00	101.11	23.32	2.32
Trix Cereal reduced sugar - SR1184 (1 bowl)	5	109.20	1.40	0.28	0.00	161.84	23.24	1.68
Egg and Cheese Breakfast Burrito, scrambled egg - OKR2047 (1 burrito)	65	199.01	9.62	4.12	0.00	288.59	15.87	11.49
Buttery Wheat Toast Side - OKR1160 (1 slice)	10	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Honey Graham Crackers - SR2366 (1 pkg.)	10	90.00	2.50	0.00	0.00	90.00	17.00	1.00
Mozzarella String Cheese Stick - SR4124 (1 stick.)	10	81.00	5.06	3.04	0.00	182.25	1.01	7.09
Orange Smiles - SR1172 (6 slice or w)	50	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Apple Juice Cup - SR4130 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	14.00	0.00
Grape Juice Cup - SR4141 (4 fl oz cup)	25	80.00	0.00	0.00	0.00	15.00	21.00	0.00
Orange Juice Cup - SR4140 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	13.00	1.00
Chocolate1% Milk - OKR1062 (8 oz.)	80	130.00	2.50	1.50	0.00	130.00	19.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 1 Day 3 :45187 - ServingDate: 04/03/2024								
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
SY23-24_Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 1 Day 4 :45187 - ServingDate: 04/04/2024								
Apple Cinnamon Cheerios bowlpack - SR1327 (1 bowl)	2	113.51	1.88	0.00	0.00	113.51	22.71	2.27
Cheerios - SR1160 (1 bowl)	3	100.52	1.79	0.36	0.00	136.42	20.83	3.58
Cinnamon Chex - SR2336 (1 bowl)	2	120.00	2.50	0.00	0.00	170.00	23.00	1.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	5	120.00	2.50	0.00	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	5	117.87	1.44	0.24	0.00	122.61	25.11	1.86
Froot Loops - SR2427 (1 bowl)	5	110.00	1.00	0.50	0.00	160.00	24.00	2.00
Multigrain Frosted Flakes Cereal - SR1185 (1 bowl)	3	100.00	0.00	0.00	0.00	170.00	24.00	2.00
Lucky Charms - SR2428 (1 bowl)	3	108.86	1.15	0.00	0.00	101.11	23.32	2.32
Trix Cereal reduced sugar - SR1184 (1 bowl)	5	109.20	1.40	0.28	0.00	161.84	23.24	1.68
Donut with Glaze, Rich's 2.45 oz. - OKR2031 (1 donut)	42	352.23	16.00	7.00	0.00	310.22	48.06	5.00
Turkey Sausage Biscuit - OKR1665 (1 ea.)	25	253.72	12.73	6.49	0.06	661.84	26.94	8.99

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SY23-24_Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 1 Day 4 :45187 - ServingDate: 04/04/2024								
Buttery Wheat Toast Side - OKR1160 (1 slice)	10	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Honey Graham Crackers - SR2366 (1 pkg.)	10	90.00	2.50	0.00	0.00	90.00	17.00	1.00
Mozzarella String Cheese Stick - SR4124 (1 stick.)	10	81.00	5.06	3.04	0.00	182.25	1.01	7.09
Banana - SR1166 (1 medium (7"))	50	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Apple Juice Cup - SR4130 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	14.00	0.00
Grape Juice Cup - SR4141 (4 fl oz cup)	25	80.00	0.00	0.00	0.00	15.00	21.00	0.00
Orange Juice Cup - SR4140 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	13.00	1.00
Chocolate1% Milk - OKR1062 (8 oz.)	80	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
SY23-24_Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 2 Day 1 :45187 - ServingDate: 04/08/2024								
Soft-Filled Cinnamon Toast Crunch Breakfast Bar - SR2822 (1 pkg.)	50	204.07	6.20	1.85	0.13	231.07	32.54	4.42
Apple Cinnamon Cheerios bowlpack - SR1327 (1 bowl)	2	113.51	1.88	0.00	0.00	113.51	22.71	2.27
Cheerios - SR1160 (1 bowl)	3	100.52	1.79	0.36	0.00	136.42	20.83	3.58
Cinnamon Chex - SR2336 (1 bowl)	2	120.00	2.50	0.00	0.00	170.00	23.00	1.00

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SY23-24_Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 2 Day 1 :45187 - ServingDate: 04/08/2024								
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	5	120.00	2.50	0.00	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	5	117.87	1.44	0.24	0.00	122.61	25.11	1.86
Froot Loops - SR2427 (1 bowl)	5	110.00	1.00	0.50	0.00	160.00	24.00	2.00
Multigrain Frosted Flakes Cereal - SR1185 (1 bowl)	3	100.00	0.00	0.00	0.00	170.00	24.00	2.00
Lucky Charms - SR2428 (1 bowl)	5	108.86	1.15	0.00	0.00	101.11	23.32	2.32
Trix Cereal reduced sugar - SR1184 (1 bowl)	5	109.20	1.40	0.28	0.00	161.84	23.24	1.68
Buttery Wheat Toast Side - OKR1160 (1 slice)	10	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Honey Graham Crackers - SR2366 (1 pkg.)	10	90.00	2.50	0.00	0.00	90.00	17.00	1.00
Mozzarella String Cheese Stick - SR4124 (1 stick.)	10	81.00	5.06	3.04	0.00	182.25	1.01	7.09
Unsweetened Applesauce - SR1195 (1/2 c.)	40	52.39	0.00	0.00	0.00	10.48	12.57	0.00
Apple Juice Cup - SR4130 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	14.00	0.00
Grape Juice Cup - SR4141 (4 fl oz cup)	25	80.00	0.00	0.00	0.00	15.00	21.00	0.00
Orange Juice Cup - SR4140 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	13.00	1.00
Chocolate1% Milk - OKR1062 (8 oz.)	80	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 2 Day 2 :45187 - ServingDate: 04/09/2024								
Buttery Wheat Toast - OKR1044 (2 slices)	25	193.33	5.67	1.50	0.00	266.67	30.00	6.00
Apple Cinnamon Cheerios bowlpack - SR1327 (1 bowl)	2	113.51	1.88	0.00	0.00	113.51	22.71	2.27
Cheerios - SR1160 (1 bowl)	3	100.52	1.79	0.36	0.00	136.42	20.83	3.58
Cinnamon Chex - SR2336 (1 bowl)	2	120.00	2.50	0.00	0.00	170.00	23.00	1.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	5	120.00	2.50	0.00	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	5	117.87	1.44	0.24	0.00	122.61	25.11	1.86
Froot Loops - SR2427 (1 bowl)	5	110.00	1.00	0.50	0.00	160.00	24.00	2.00
Multigrain Frosted Flakes Cereal - SR1185 (1 bowl)	3	100.00	0.00	0.00	0.00	170.00	24.00	2.00
Lucky Charms - SR2428 (1 bowl)	5	108.86	1.15	0.00	0.00	101.11	23.32	2.32
Trix Cereal reduced sugar - SR1184 (1 bowl)	5	109.20	1.40	0.28	0.00	161.84	23.24	1.68
Donut with Glaze, Rich's 2.45 oz. - OKR2031 (1 donut)	40	352.23	16.00	7.00	0.00	310.22	48.06	5.00
Scrambled Eggs - OKR1375 (1 #10 scoop)	25	102.43	6.58	2.20	0.00	109.75	2.20	8.78
Buttery Wheat Toast Side - OKR1160 (1 slice)	10	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Honey Graham Crackers - SR2366 (1 pkg.)	10	90.00	2.50	0.00	0.00	90.00	17.00	1.00
Mozzarella String Cheese Stick - SR4124 (1 stick.)	10	81.00	5.06	3.04	0.00	182.25	1.01	7.09
Banana - SR1166 (1 medium (7"))	50	105.02	0.39	0.13	0.00	1.18	26.95	1.29

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SY23-24_Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 2 Day 2 :45187 - ServingDate: 04/09/2024								
Apple Juice Cup - SR4130 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	14.00	0.00
Grape Juice Cup - SR4141 (4 fl oz cup)	25	80.00	0.00	0.00	0.00	15.00	21.00	0.00
Orange Juice Cup - SR4140 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	13.00	1.00
Chocolate1% Milk - OKR1062 (8 oz.)	80	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
SY23-24_Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 2 Day 3 :45187 - ServingDate: 04/10/2024								
Biscuit & Sausage Gravy - OKR1171 (1 ea.)	50	253.66	11.37	5.68	0.00	458.13	32.98	5.37
Apple Cinnamon Cheerios bowlpack - SR1327 (1 bowl)	2	113.51	1.88	0.00	0.00	113.51	22.71	2.27
Cheerios - SR1160 (1 bowl)	3	100.52	1.79	0.36	0.00	136.42	20.83	3.58
Cinnamon Chex - SR2336 (1 bowl)	2	120.00	2.50	0.00	0.00	170.00	23.00	1.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	5	120.00	2.50	0.00	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	5	117.87	1.44	0.24	0.00	122.61	25.11	1.86
Froot Loops - SR2427 (1 bowl)	10	110.00	1.00	0.50	0.00	160.00	24.00	2.00
Multigrain Frosted Flakes Cereal - SR1185 (1 bowl)	3	100.00	0.00	0.00	0.00	170.00	24.00	2.00

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SY23- 24_Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 2 Day 3 :45187 - ServingDate: 04/10/2024								
Lucky Charms - SR2428 (1 bowl)	10	108.86	1.15	0.00	0.00	101.11	23.32	2.32
Trix Cereal reduced sugar - SR1184 (1 bowl)	10	109.20	1.40	0.28	0.00	161.84	23.24	1.68
Buttery Wheat Toast Side - OKR1160 (1 slice)	10	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Honey Graham Crackers - SR2366 (1 pkg.)	10	90.00	2.50	0.00	0.00	90.00	17.00	1.00
Mozzarella String Cheese Stick - SR4124 (1 stick.)	10	81.00	5.06	3.04	0.00	182.25	1.01	7.09
Orange Smiles - SR1172 (6 slice or w)	50	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Apple Juice Cup - SR4130 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	14.00	0.00
Grape Juice Cup - SR4141 (4 fl oz cup)	25	80.00	0.00	0.00	0.00	15.00	21.00	0.00
Orange Juice Cup - SR4140 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	13.00	1.00
Chocolate1% Milk - OKR1062 (8 oz.)	80	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
SY23- 24_Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 2 Day 4 :45187 - ServingDate: 04/11/2024								
Ham & Cheese English Muffin - OKR2003 (1 sandwich)	20	231.70	7.53	3.52	0.00	1011.86	26.02	14.61

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Upper Elementary

Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24 Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 2 Day 4 :45187 - ServingDate: 04/11/2024								
Apple Cinnamon Cheerios bowlpack - SR1327 (1 bowl)	2	113.51	1.88	0.00	0.00	113.51	22.71	2.27
Cheerios - SR1160 (1 bowl)	3	100.52	1.79	0.36	0.00	136.42	20.83	3.58
Cinnamon Chex - SR2336 (1 bowl)	2	120.00	2.50	0.00	0.00	170.00	23.00	1.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	5	120.00	2.50	0.00	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	5	117.87	1.44	0.24	0.00	122.61	25.11	1.86
Froot Loops - SR2427 (1 bowl)	5	110.00	1.00	0.50	0.00	160.00	24.00	2.00
Multigrain Frosted Flakes Cereal - SR1185 (1 bowl)	3	100.00	0.00	0.00	0.00	170.00	24.00	2.00
Lucky Charms - SR2428 (1 bowl)	5	108.86	1.15	0.00	0.00	101.11	23.32	2.32
Trix Cereal reduced sugar - SR1184 (1 bowl)	5	109.20	1.40	0.28	0.00	161.84	23.24	1.68
Cinnamon Roll - SR1383 (1 roll.)	45	170.00	1.00	0.50	0.00	135.00	36.00	5.00
Buttery Wheat Toast Side - OKR1160 (1 slice)	10	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Honey Graham Crackers - SR2366 (1 pkg.)	10	90.00	2.50	0.00	0.00	90.00	17.00	1.00
Mozzarella String Cheese Stick - SR4124 (1 stick.)	10	81.00	5.06	3.04	0.00	182.25	1.01	7.09
Cherry Flavored Craisins - SR2914 (1 Pouch)	40	109.95	0.00	0.00	(M)	0.00	26.99	0.00
Apple Juice Cup - SR4130 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	14.00	0.00
Grape Juice Cup - SR4141 (4 fl oz cup)	25	80.00	0.00	0.00	0.00	15.00	21.00	0.00

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Upper Elementary
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23- 24_Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 2 Day 4 :45187 - ServingDate: 04/11/2024								
Orange Juice Cup - SR4140 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	13.00	1.00
Chocolate1% Milk - OKR1062 (8 oz.)	80	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
SY23- 24_Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 2 Day 5 :45187 - ServingDate: 04/12/2024								
Apple Cinnamon Cheerios bowlpack - SR1327 (1 bowl)	2	113.51	1.88	0.00	0.00	113.51	22.71	2.27
Cheerios - SR1160 (1 bowl)	3	100.52	1.79	0.36	0.00	136.42	20.83	3.58
Cinnamon Chex - SR2336 (1 bowl)	2	120.00	2.50	0.00	0.00	170.00	23.00	1.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	5	120.00	2.50	0.00	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	5	117.87	1.44	0.24	0.00	122.61	25.11	1.86
Froot Loops - SR2427 (1 bowl)	5	110.00	1.00	0.50	0.00	160.00	24.00	2.00
Multigrain Frosted Flakes Cereal - SR1185 (1 bowl)	3	100.00	0.00	0.00	0.00	170.00	24.00	2.00
Lucky Charms - SR2428 (1 bowl)	5	108.86	1.15	0.00	0.00	101.11	23.32	2.32
Trix Cereal reduced sugar - SR1184 (1 bowl)	5	109.20	1.40	0.28	0.00	161.84	23.24	1.68
Turkey Sausage Biscuit - OKR1665 (1 ea.)	65	253.72	12.73	6.49	0.06	661.84	26.94	8.99

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Upper Elementary
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 2 Day 5 :45187 - ServingDate: 04/12/2024								
Buttery Wheat Toast Side - OKR1160 (1 slice)	10	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Honey Graham Crackers - SR2366 (1 pkg.)	10	90.00	2.50	0.00	0.00	90.00	17.00	1.00
Mozzarella String Cheese Stick - SR4124 (1 stick.)	10	81.00	5.06	3.04	0.00	182.25	1.01	7.09
Fresh Apples, Sliced - SR3796 (1/2 c.)	50	31.15	0.10	0.02	0.00	0.63	8.22	0.16
Apple Juice Cup - SR4130 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	14.00	0.00
Grape Juice Cup - SR4141 (4 fl oz cup)	25	80.00	0.00	0.00	0.00	15.00	21.00	0.00
Orange Juice Cup - SR4140 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	13.00	1.00
Chocolate1% Milk - OKR1062 (8 oz.)	80	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
SY23-24_Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 3 Day 1 :45187 - ServingDate: 04/15/2024								
Apple Cinnamon Cheerios bowlpack - SR1327 (1 bowl)	2	113.51	1.88	0.00	0.00	113.51	22.71	2.27
Cheerios - SR1160 (1 bowl)	3	100.52	1.79	0.36	0.00	136.42	20.83	3.58
Cinnamon Chex - SR2336 (1 bowl)	2	120.00	2.50	0.00	0.00	170.00	23.00	1.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	5	120.00	2.50	0.00	0.00	160.00	22.00	1.00

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Upper Elementary
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24 Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 3 Day 1 :45187 - ServingDate: 04/15/2024								
Cocoa Puffs Cereal - SR1170 (1 bowl)	5	117.87	1.44	0.24	0.00	122.61	25.11	1.86
Froot Loops - SR2427 (1 bowl)	5	110.00	1.00	0.50	0.00	160.00	24.00	2.00
Multigrain Frosted Flakes Cereal - SR1185 (1 bowl)	3	100.00	0.00	0.00	0.00	170.00	24.00	2.00
Lucky Charms - SR2428 (1 bowl)	5	108.86	1.15	0.00	0.00	101.11	23.32	2.32
Trix Cereal reduced sugar - SR1184 (1 bowl)	5	109.20	1.40	0.28	0.00	161.84	23.24	1.68
French Toast Bites - SR2500 (3 pcs.)	65	191.66	12.11	5.04	0.00	272.36	19.17	2.02
Buttery Wheat Toast Side - OKR1160 (1 slice)	10	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Honey Graham Crackers - SR2366 (1 pkg.)	10	90.00	2.50	0.00	0.00	90.00	17.00	1.00
Mozzarella String Cheese Stick - SR4124 (1 stick.)	10	81.00	5.06	3.04	0.00	182.25	1.01	7.09
Unsweetened Applesauce - SR1195 (1/2 c.)	40	52.39	0.00	0.00	0.00	10.48	12.57	0.00
Apple Juice Cup - SR4130 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	14.00	0.00
Grape Juice Cup - SR4141 (4 fl oz cup)	25	80.00	0.00	0.00	0.00	15.00	21.00	0.00
Orange Juice Cup - SR4140 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	13.00	1.00
Chocolate1% Milk - OKR1062 (8 oz.)	80	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Breakfast Syrup Cup - SR2498 (1 Container)	50	110.00	0.00	0.00	0.00	20.00	29.00	0.00

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Upper Elementary
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 3 Day 2 :45187 - ServingDate: 04/16/2024								
Breakfast Sandwich - SR1193 (1 sandwich)	15	255.00	10.50	4.00	0.00	885.00	26.00	11.50
Apple Cinnamon Cheerios bowlpack - SR1327 (1 bowl)	2	113.51	1.88	0.00	0.00	113.51	22.71	2.27
Cheerios - SR1160 (1 bowl)	3	100.52	1.79	0.36	0.00	136.42	20.83	3.58
Cinnamon Chex - SR2336 (1 bowl)	2	120.00	2.50	0.00	0.00	170.00	23.00	1.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	5	120.00	2.50	0.00	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	5	117.87	1.44	0.24	0.00	122.61	25.11	1.86
Froot Loops - SR2427 (1 bowl)	5	110.00	1.00	0.50	0.00	160.00	24.00	2.00
Multigrain Frosted Flakes Cereal - SR1185 (1 bowl)	3	100.00	0.00	0.00	0.00	170.00	24.00	2.00
Lucky Charms - SR2428 (1 bowl)	5	108.86	1.15	0.00	0.00	101.11	23.32	2.32
Trix Cereal reduced sugar - SR1184 (1 bowl)	5	109.20	1.40	0.28	0.00	161.84	23.24	1.68
Apple Cinnamon Muffin - SR1165 (1 muffin)	50	180.00	6.00	2.00	0.00	125.00	31.00	3.00
Buttery Wheat Toast Side - OKR1160 (1 slice)	10	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Honey Graham Crackers - SR2366 (1 pkg.)	10	90.00	2.50	0.00	0.00	90.00	17.00	1.00
Mozzarella String Cheese Stick - SR4124 (1 stick.)	10	81.00	5.06	3.04	0.00	182.25	1.01	7.09
Banana - SR1166 (1 medium (7"))	50	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Apple Juice Cup - SR4130 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	14.00	0.00

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Upper Elementary
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24 Breakfast Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 3 Day 2 :45187 - ServingDate: 04/16/2024								
Grape Juice Cup - SR4141 (4 fl oz cup)	25	80.00	0.00	0.00	0.00	15.00	21.00	0.00
Orange Juice Cup - SR4140 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	13.00	1.00
Chocolate1% Milk - OKR1062 (8 oz.)	80	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
SY23-24 Breakfast Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 3 Day 3 :45187 - ServingDate: 04/17/2024								
Sausage Breakfast Pizza - SR1167 (1 slice)	50	210.00	7.00	2.00	0.00	350.00	27.00	9.00
Apple Cinnamon Cheerios bowlpack - SR1327 (1 bowl)	2	113.51	1.88	0.00	0.00	113.51	22.71	2.27
Honey Cheerios Cereal - SR3548 (1 bowl)	3	110.00	1.50	0.00	0.00	170.00	22.00	3.00
Cinnamon Chex - SR2336 (1 bowl)	2	120.00	2.50	0.00	0.00	170.00	23.00	1.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	5	120.00	2.50	0.00	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	5	117.87	1.44	0.24	0.00	122.61	25.11	1.86
Froot Loops - SR2427 (1 bowl)	5	110.00	1.00	0.50	0.00	160.00	24.00	2.00
Multigrain Frosted Flakes Cereal - SR1185 (1 bowl)	3	100.00	0.00	0.00	0.00	170.00	24.00	2.00
Lucky Charms - SR2428 (1 bowl)	5	108.86	1.15	0.00	0.00	101.11	23.32	2.32

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Upper Elementary

Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 3 Day 3 :45187 - ServingDate: 04/17/2024								
Trix Cereal reduced sugar - SR1184 (1 bowl)	5	109.20	1.40	0.28	0.00	161.84	23.24	1.68
Buttery Wheat Toast Side - OKR1160 (1 slice)	10	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Honey Graham Crackers - SR2366 (1 pkg.)	10	90.00	2.50	0.00	0.00	90.00	17.00	1.00
Mozzarella String Cheese Stick - SR4124 (1 stick.)	10	81.00	5.06	3.04	0.00	182.25	1.01	7.09
Orange Smiles - SR1172 (6 slice or w)	50	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Apple Juice Cup - SR4130 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	14.00	0.00
Grape Juice Cup - SR4141 (4 fl oz cup)	25	80.00	0.00	0.00	0.00	15.00	21.00	0.00
Orange Juice Cup - SR4140 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	13.00	1.00
Chocolate1% Milk - OKR1062 (8 oz.)	80	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
SY23-24_Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 3 Day 4 :45187 - ServingDate: 04/18/2024								
Apple Cinnamon Cheerios bowlpack - SR1327 (1 bowl)	2	113.51	1.88	0.00	0.00	113.51	22.71	2.27
Cheerios - SR1160 (1 bowl)	3	100.52	1.79	0.36	0.00	136.42	20.83	3.58
Cinnamon Chex - SR2336 (1 bowl)	2	120.00	2.50	0.00	0.00	170.00	23.00	1.00

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Upper Elementary
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 3 Day 4 :45187 - ServingDate: 04/18/2024								
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	5	120.00	2.50	0.00	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	5	117.87	1.44	0.24	0.00	122.61	25.11	1.86
Froot Loops - SR2427 (1 bowl)	5	110.00	1.00	0.50	0.00	160.00	24.00	2.00
Multigrain Frosted Flakes Cereal - SR1185 (1 bowl)	3	100.00	0.00	0.00	0.00	170.00	24.00	2.00
Lucky Charms - SR2428 (1 bowl)	5	108.86	1.15	0.00	0.00	101.11	23.32	2.32
Trix Cereal reduced sugar - SR1184 (1 bowl)	5	109.20	1.40	0.28	0.00	161.84	23.24	1.68
Chicken & Waffle Stacker - OKR2004 (1 serving)	50	315.97	13.60	4.00	0.00	385.95	38.40	9.60
Vanilla Yogurt - SR2612 (1/2 c.)	15	100.00	0.67	0.33	0.00	53.33	20.00	3.33
Buttery Wheat Toast Side - OKR1160 (1 slice)	10	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Honey Graham Crackers - SR2366 (1 pkg.)	10	90.00	2.50	0.00	0.00	90.00	17.00	1.00
Mozzarella String Cheese Stick - SR4124 (1 stick.)	10	81.00	5.06	3.04	0.00	182.25	1.01	7.09
Banana - SR1166 (1 medium (7"))	50	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Apple Juice Cup - SR4130 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	14.00	0.00
Grape Juice Cup - SR4141 (4 fl oz cup)	25	80.00	0.00	0.00	0.00	15.00	21.00	0.00
Orange Juice Cup - SR4140 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	13.00	1.00
Chocolate1% Milk - OKR1062 (8 oz.)	80	130.00	2.50	1.50	0.00	130.00	19.00	8.00

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Upper Elementary

Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23- 24_Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 3 Day 4 :45187 - ServingDate: 04/18/2024								
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Breakfast Syrup Cup - SR2498 (1 Container)	35	110.00	0.00	0.00	0.00	20.00	29.00	0.00
SY23- 24_Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 4 Day 1 :45187 - ServingDate: 04/22/2024								
Apple Cinnamon Cheerios bowlpack - SR1327 (1 bowl)	2	113.51	1.88	0.00	0.00	113.51	22.71	2.27
Cheerios - SR1160 (1 bowl)	3	100.52	1.79	0.36	0.00	136.42	20.83	3.58
Cinnamon Chex - SR2336 (1 bowl)	2	120.00	2.50	0.00	0.00	170.00	23.00	1.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	5	120.00	2.50	0.00	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	5	117.87	1.44	0.24	0.00	122.61	25.11	1.86
Froot Loops - SR2427 (1 bowl)	5	110.00	1.00	0.50	0.00	160.00	24.00	2.00
Multigrain Frosted Flakes Cereal - SR1185 (1 bowl)	3	100.00	0.00	0.00	0.00	170.00	24.00	2.00
Lucky Charms - SR2428 (1 bowl)	5	108.86	1.15	0.00	0.00	101.11	23.32	2.32
Trix Cereal reduced sugar - SR1184 (1 bowl)	5	109.20	1.40	0.28	0.00	161.84	23.24	1.68
Pancake Sausage Bites - OKR1897 (5 pcs.)	65	220.00	13.00	3.00	0.00	360.00	17.00	10.00
Buttery Wheat Toast Side - OKR1160 (1 slice)	10	99.05	3.10	0.86	0.00	135.95	15.00	3.00

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Upper Elementary
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 4 Day 1 :45187 - ServingDate: 04/22/2024								
Honey Graham Crackers - SR2366 (1 pkg.)	10	90.00	2.50	0.00	0.00	90.00	17.00	1.00
Mozzarella String Cheese Stick - SR4124 (1 stick.)	10	81.00	5.06	3.04	0.00	182.25	1.01	7.09
Unsweetened Applesauce - SR1195 (1/2 c.)	45	52.39	0.00	0.00	0.00	10.48	12.57	0.00
Apple Juice Cup - SR4130 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	14.00	0.00
Grape Juice Cup - SR4141 (4 fl oz cup)	25	80.00	0.00	0.00	0.00	15.00	21.00	0.00
Orange Juice Cup - SR4140 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	13.00	1.00
Chocolate1% Milk - OKR1062 (8 oz.)	80	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Breakfast Syrup Cup - SR2498 (1 Container)	65	110.00	0.00	0.00	0.00	20.00	29.00	0.00
SY23-24_Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 4 Day 2 :45187 - ServingDate: 04/23/2024								
Biscuit & Sausage Gravy - OKR1171 (1 ea.)	30	253.66	11.37	5.68	0.00	458.13	32.98	5.37
Apple Cinnamon Cheerios bowlpack - SR1327 (1 bowl)	2	113.51	1.88	0.00	0.00	113.51	22.71	2.27
Cheerios - SR1160 (1 bowl)	3	100.52	1.79	0.36	0.00	136.42	20.83	3.58
Cinnamon Chex - SR2336 (1 bowl)	2	120.00	2.50	0.00	0.00	170.00	23.00	1.00

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Upper Elementary
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23- 24_Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 4 Day 2 :45187 - ServingDate: 04/23/2024								
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	5	120.00	2.50	0.00	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	5	117.87	1.44	0.24	0.00	122.61	25.11	1.86
Froot Loops - SR2427 (1 bowl)	5	110.00	1.00	0.50	0.00	160.00	24.00	2.00
Multigrain Frosted Flakes Cereal - SR1185 (1 bowl)	3	100.00	0.00	0.00	0.00	170.00	24.00	2.00
Lucky Charms - SR2428 (1 bowl)	5	108.86	1.15	0.00	0.00	101.11	23.32	2.32
Trix Cereal reduced sugar - SR1184 (1 bowl)	5	109.20	1.40	0.28	0.00	161.84	23.24	1.68
Cinnamon Roll - SR1383 (1 roll.)	35	170.00	1.00	0.50	0.00	135.00	36.00	5.00
Buttery Wheat Toast Side - OKR1160 (1 slice)	10	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Honey Graham Crackers - SR2366 (1 pkg.)	10	90.00	2.50	0.00	0.00	90.00	17.00	1.00
Mozzarella String Cheese Stick - SR4124 (1 stick.)	10	81.00	5.06	3.04	0.00	182.25	1.01	7.09
Banana - SR1166 (1 medium (7"))	50	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Apple Juice Cup - SR4130 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	14.00	0.00
Grape Juice Cup - SR4141 (4 fl oz cup)	25	80.00	0.00	0.00	0.00	15.00	21.00	0.00
Orange Juice Cup - SR4140 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	13.00	1.00
Chocolate1% Milk - OKR1062 (8 oz.)	80	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Upper Elementary
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24 Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 4 Day 3 :45187 - ServingDate: 04/24/2024								
Sausage Breakfast Pizza - SR1167 (1 slice)	30	210.00	7.00	2.00	0.00	350.00	27.00	9.00
Apple Cinnamon Cheerios bowlpack - SR1327 (1 bowl)	2	113.51	1.88	0.00	0.00	113.51	22.71	2.27
Cheerios - SR1160 (1 bowl)	3	100.52	1.79	0.36	0.00	136.42	20.83	3.58
Cinnamon Chex - SR2336 (1 bowl)	2	120.00	2.50	0.00	0.00	170.00	23.00	1.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	5	120.00	2.50	0.00	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	5	117.87	1.44	0.24	0.00	122.61	25.11	1.86
Froot Loops - SR2427 (1 bowl)	5	110.00	1.00	0.50	0.00	160.00	24.00	2.00
Multigrain Frosted Flakes Cereal - SR1185 (1 bowl)	3	100.00	0.00	0.00	0.00	170.00	24.00	2.00
Lucky Charms - SR2428 (1 bowl)	5	108.86	1.15	0.00	0.00	101.11	23.32	2.32
Trix Cereal reduced sugar - SR1184 (1 bowl)	5	109.20	1.40	0.28	0.00	161.84	23.24	1.68
Egg and Cheese Breakfast Burrito, scrambled egg - OKR2047 (1 burrito)	35	199.01	9.62	4.12	0.00	288.59	15.87	11.49
Buttery Wheat Toast Side - OKR1160 (1 slice)	10	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Honey Graham Crackers - SR2366 (1 pkg.)	10	90.00	2.50	0.00	0.00	90.00	17.00	1.00
Mozzarella String Cheese Stick - SR4124 (1 stick.)	10	81.00	5.06	3.04	0.00	182.25	1.01	7.09
Orange Smiles - SR1172 (6 slice or w)	50	45.12	0.12	0.01	0.00	0.00	11.28	0.90

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Upper Elementary
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23- 24_Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 4 Day 3 :45187 - ServingDate: 04/24/2024								
Apple Juice Cup - SR4130 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	14.00	0.00
Grape Juice Cup - SR4141 (4 fl oz cup)	25	80.00	0.00	0.00	0.00	15.00	21.00	0.00
Orange Juice Cup - SR4140 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	13.00	1.00
Chocolate1% Milk - OKR1062 (8 oz.)	80	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
SY23- 24_Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 4 Day 4 :45187 - ServingDate: 04/25/2024								
Ham & Cheese English Muffin - OKR2003 (1 sandwich)	30	231.70	7.53	3.52	0.00	1011.86	26.02	14.61
Apple Cinnamon Cheerios bowlpack - SR1327 (1 bowl)	2	113.51	1.88	0.00	0.00	113.51	22.71	2.27
Cheerios - SR1160 (1 bowl)	3	100.52	1.79	0.36	0.00	136.42	20.83	3.58
Cinnamon Chex - SR2336 (1 bowl)	2	120.00	2.50	0.00	0.00	170.00	23.00	1.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	5	120.00	2.50	0.00	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	5	117.87	1.44	0.24	0.00	122.61	25.11	1.86
Froot Loops - SR2427 (1 bowl)	5	110.00	1.00	0.50	0.00	160.00	24.00	2.00
Multigrain Frosted Flakes Cereal - SR1185 (1 bowl)	3	100.00	0.00	0.00	0.00	170.00	24.00	2.00

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Upper Elementary
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24 Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 4 Day 4 :45187 - ServingDate: 04/25/2024								
Lucky Charms - SR2428 (1 bowl)	5	108.86	1.15	0.00	0.00	101.11	23.32	2.32
Trix Cereal reduced sugar - SR1184 (1 bowl)	5	109.20	1.40	0.28	0.00	161.84	23.24	1.68
Blueberry Muffin - SR1454 (1 muffin)	35	190.00	6.00	2.00	0.00	130.00	30.00	3.00
Buttery Wheat Toast Side - OKR1160 (1 slice)	10	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Honey Graham Crackers - SR2366 (1 pkg.)	10	90.00	2.50	0.00	0.00	90.00	17.00	1.00
Mozzarella String Cheese Stick - SR4124 (1 stick.)	10	81.00	5.06	3.04	0.00	182.25	1.01	7.09
Cherry Flavored Craisins - SR2914 (1 Pouch)	40	109.95	0.00	0.00	(M)	0.00	26.99	0.00
Apple Juice Cup - SR4130 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	14.00	0.00
Grape Juice Cup - SR4141 (4 fl oz cup)	25	80.00	0.00	0.00	0.00	15.00	21.00	0.00
Orange Juice Cup - SR4140 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	13.00	1.00
Chocolate1% Milk - OKR1062 (8 oz.)	80	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Upper Elementary

Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24 Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 4 Day 5 :45187 - ServingDate: 04/26/2024								
Apple Cinnamon Cheerios bowlpack - SR1327 (1 bowl)	2	113.51	1.88	0.00	0.00	113.51	22.71	2.27
Cheerios - SR1160 (1 bowl)	3	100.52	1.79	0.36	0.00	136.42	20.83	3.58
Cinnamon Chex - SR2336 (1 bowl)	2	120.00	2.50	0.00	0.00	170.00	23.00	1.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	5	120.00	2.50	0.00	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	5	117.87	1.44	0.24	0.00	122.61	25.11	1.86
Froot Loops - SR2427 (1 bowl)	5	110.00	1.00	0.50	0.00	160.00	24.00	2.00
Multigrain Frosted Flakes Cereal - SR1185 (1 bowl)	3	100.00	0.00	0.00	0.00	170.00	24.00	2.00
Lucky Charms - SR2428 (1 bowl)	5	108.86	1.15	0.00	0.00	101.11	23.32	2.32
Trix Cereal reduced sugar - SR1184 (1 bowl)	5	109.20	1.40	0.28	0.00	161.84	23.24	1.68
French Toast Sticks - SR1910 (3 stick.)	65	193.02	7.42	1.11	0.00	222.71	28.21	4.45
Buttery Wheat Toast Side - OKR1160 (1 slice)	10	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Honey Graham Crackers - SR2366 (1 pkg.)	10	90.00	2.50	0.00	0.00	90.00	17.00	1.00
Mozzarella String Cheese Stick - SR4124 (1 stick.)	10	81.00	5.06	3.04	0.00	182.25	1.01	7.09
Fresh Apples, Sliced - SR3796 (1/2 c.)	50	31.15	0.10	0.02	0.00	0.63	8.22	0.16
Apple Juice Cup - SR4130 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	14.00	0.00
Grape Juice Cup - SR4141 (4 fl oz cup)	25	80.00	0.00	0.00	0.00	15.00	21.00	0.00

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Upper Elementary
 Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24 Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 4 Day 5 :45187 - ServingDate: 04/26/2024								
Orange Juice Cup - SR4140 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	13.00	1.00
Chocolate1% Milk - OKR1062 (8 oz.)	80	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Breakfast Syrup Cup - SR2498 (1 Container)	30	110.00	0.00	0.00	0.00	20.00	29.00	0.00
SY23-24 Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 5 Day 1 :45187 - ServingDate: 04/29/2024								
Apple Cinnamon Cheerios bowlpack - SR1327 (1 bowl)	2	113.51	1.88	0.00	0.00	113.51	22.71	2.27
Cheerios - SR1160 (1 bowl)	3	100.52	1.79	0.36	0.00	136.42	20.83	3.58
Cinnamon Chex - SR2336 (1 bowl)	2	120.00	2.50	0.00	0.00	170.00	23.00	1.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	5	120.00	2.50	0.00	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	5	117.87	1.44	0.24	0.00	122.61	25.11	1.86
Froot Loops - SR2427 (1 bowl)	5	110.00	1.00	0.50	0.00	160.00	24.00	2.00
Multigrain Frosted Flakes Cereal - SR1185 (1 bowl)	3	100.00	0.00	0.00	0.00	170.00	24.00	2.00
Lucky Charms - SR2428 (1 bowl)	5	108.86	1.15	0.00	0.00	101.11	23.32	2.32
Trix Cereal reduced sugar - SR1184 (1 bowl)	5	109.20	1.40	0.28	0.00	161.84	23.24	1.68

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Upper Elementary
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24 Breakfast Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 5 Day 1 :45187 - ServingDate: 04/29/2024								
French Toast Bites - SR2500 (3 pcs.)	65	191.66	12.11	5.04	0.00	272.36	19.17	2.02
Buttery Wheat Toast Side - OKR1160 (1 slice)	10	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Honey Graham Crackers - SR2366 (1 pkg.)	10	90.00	2.50	0.00	0.00	90.00	17.00	1.00
Mozzarella String Cheese Stick - SR4124 (1 stick.)	10	81.00	5.06	3.04	0.00	182.25	1.01	7.09
Unsweetened Applesauce - SR1195 (1/2 c.)	45	52.39	0.00	0.00	0.00	10.48	12.57	0.00
Apple Juice Cup - SR4130 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	14.00	0.00
Grape Juice Cup - SR4141 (4 fl oz cup)	25	80.00	0.00	0.00	0.00	15.00	21.00	0.00
Orange Juice Cup - SR4140 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	13.00	1.00
Chocolate1% Milk - OKR1062 (8 oz.)	80	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Breakfast Syrup Cup - SR2498 (1 Container)	45	110.00	0.00	0.00	0.00	20.00	29.00	0.00
SY23-24 Breakfast Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 5 Day 2 :45187 - ServingDate: 04/30/2024								
Breakfast Sandwich - SR1193 (1 sandwich)	30	255.00	10.50	4.00	0.00	885.00	26.00	11.50
Apple Cinnamon Cheerios bowlpack - SR1327 (1 bowl)	2	113.51	1.88	0.00	0.00	113.51	22.71	2.27

Menu Calendar Nutrient Analysis Report - April, 2024

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Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 5 Day 2 :45187 - ServingDate: 04/30/2024								
Cheerios - SR1160 (1 bowl)	3	100.52	1.79	0.36	0.00	136.42	20.83	3.58
Cinnamon Chex - SR2336 (1 bowl)	2	120.00	2.50	0.00	0.00	170.00	23.00	1.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	5	120.00	2.50	0.00	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	5	117.87	1.44	0.24	0.00	122.61	25.11	1.86
Froot Loops - SR2427 (1 bowl)	5	110.00	1.00	0.50	0.00	160.00	24.00	2.00
Multigrain Frosted Flakes Cereal - SR1185 (1 bowl)	3	100.00	0.00	0.00	0.00	170.00	24.00	2.00
Lucky Charms - SR2428 (1 bowl)	5	108.86	1.15	0.00	0.00	101.11	23.32	2.32
Trix Cereal reduced sugar - SR1184 (1 bowl)	5	109.20	1.40	0.28	0.00	161.84	23.24	1.68
Apple Cinnamon Muffin - SR1165 (1 muffin)	35	180.00	6.00	2.00	0.00	125.00	31.00	3.00
Buttery Wheat Toast Side - OKR1160 (1 slice)	10	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Honey Graham Crackers - SR2366 (1 pkg.)	10	90.00	2.50	0.00	0.00	90.00	17.00	1.00
Mozzarella String Cheese Stick - SR4124 (1 stick.)	10	81.00	5.06	3.04	0.00	182.25	1.01	7.09
Banana - SR1166 (1 medium (7"))	50	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Apple Juice Cup - SR4130 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	14.00	0.00
Grape Juice Cup - SR4141 (4 fl oz cup)	25	80.00	0.00	0.00	0.00	15.00	21.00	0.00
Orange Juice Cup - SR4140 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	15.00	13.00	1.00
Chocolate1% Milk - OKR1062 (8 oz.)	80	130.00	2.50	1.50	0.00	130.00	19.00	8.00

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Upper Elementary
 Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_Breakfast_Cafe Classics_SY23-24 Breakfast Clubhouse K-5/K-8 V2 Week 5 Day 2 :45187 - ServingDate: 04/30/2024								
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Breakfast
 Site Group: The Clubhouse
 Menu Line: B-Café Classics
 Serving Group: K-8
 Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.